Colorado NAWGJ

Colorado NAWGJ is committed to the education of its members, by providing opportunities for professional growth through open and timely communication shared with the Colorado gymnastics community.

Welcome to Colorado NAWGJ! Whether you are new to judging or thinking about becoming a judge, the following document will serve as a guide to our organization as well as the process of becoming a judge. Let's begin!

What is NAWGJ? NAWGJ stands for National Association of Women's Gymnastic Judges. Established in 1974, the mission of NAWGJ is to provide professional development for its members and to support and promote women's gymnastics in the United States.

- National Association Women's Gymnastics Judges their website is www.nawgj.org
- Our state chapter is CONAWGJ and our website is www.conawgj.com
- Our Colorado State Judging Director (SJD) is Stacie Beckwith: Stacie.beckwith@gmail.com
- Our Colorado NAWGJ Committee Members are:
 - Lynn Day: lynndayjudge@gmail.com
 - o Dana Himmelman: himmelmandana@gmail.com
 - o Kiersten Hines: Kiersten.wang102@gmail.com
 - Jessica Lopez: jlogym22@gmail.com
 - o Tracie Stephens: tracie@stephens-net.us
 - Donnalyn Trevethan: dtjasnational@gmail.com
 - Karen Wait: kvyverberg@gmail.com

What is USAG? USAG is the National Governing Body for the sport of gymnastics in the United States.

- USAG website is https://usagym.org
- Colorado USAG website is <u>www.cousag.com</u>
- Our Colorado USAG State Chairman is Amanda Webb awebb@peakathletics.net

Information

A great resource for judging information is on the NAWGJ website: www.nawgj.org

- Become a Judge
 - o How to Join
 - Judging Accreditation
 - Testing Overview
 - Study Materials
 - Organizations to Join (and certifications needed to become a judge)
- Members
 - Renew Membership
 - o Professionalism
 - o Uniform
 - Benefits

Now that you have read through all this you might be asking where do I start?

Mentor Program

Our Judging Mentor Director is Dana Himmelman. She will be happy to connect you with a Mentor to help you navigate the process of becoming a judge and answer any questions you may have throughout your judging journey. Please contact Dana at himmelmandana@gmail.com.

Mentors can help you with...

- Judging Fees and Mileage
- Gym JAS Assigning System
- CPE Continuing Professional Education
- Testing/Study Process
- Meet and Judging Protocol
- Judging your First Meet

Study Materials

Official USA Gymnastics study materials for the exams and rule books for judging are available at http://usagym.sportgraphics.biz/

- If you are testing DP Compulsories you will need the Women's DP Compulsory Book. Your exam will cover Level 4/5 rules.
- Recertification for Compulsories is every 8th year of our gymnastics cycle; 2021, 2029, etc.
- If you are testing DP Optional you will need the Women's DP Code of Points.
- Once you have achieved an Optional rating you must hold that rating for 12 months before taking the exam at the next highest level.
- Recertification for Optional is every 4th year of our gymnastics cycle; 2022, 2026, etc.
- All Written exams are available online.
- Practical exams must be taken in person. The practical exam (video) has one demo routine and 6 routines to be judged per event.
- You may take each part of the exam (written & practical) up to four times in a certification year.
- The certification year is from August 1st to the following July 31st.

Exams

As a new judge you may take the entry level judging tests; DP Compulsory Level 4/5 and/or the DP Optional Level 7/8. If you have competed as a National team member, NCAA gymnast, or Level 10 you may be able to begin testing at a higher level. Please contact our SJD Stacie Beckwith for more information. Registration for exams may be done online at https://usagym.org.

Exam Dates

Exam dates for local DP Optional exams can be found on the USAG Gymnastics website at https://usagym.org Click on Disciplines > Women's Artistic > scroll down to Judges > Judging Accreditation/Master Testing Schedule.

Before you can "Judge" you must:

- 1) Become a Professional Member of USA Gymnastics: https://usagym.org
 - Click My Profile > select Register Here
 - Once your Profile is setup, go to Manage Memberships > Purchase Membership > Select Type of Membership (Judge – Women) > answer the required questions through to the payment screen.
 Current USAG Membership is \$97.00. This will need to be renewed annually.

2) USAG Member Requirements: https://usagym.org

- Go to Member Services > Become a Member > Judge
- Under the Requirements section there is a list of certifications and courses you must take to become a judge.
 - USA Gymnastics Safety Certification (cost is \$65, renewed every 4 years)
 - o **Background Check** (cost is \$20-30, renewed every 2 years)
 - o **U110: U.S. Center for SafeSport Core Course** (no cost, renewed annually)
 - o **U113: Safe Sport Policy Course** (no cost, renewed annually)

3) Join NAWGJ: www.nawgj.org

- Go to Members > Renew Membership > enter your email > click Continue
- Fill out the Application Form
 - Colorado is Region 3
 - Enter your Current Rating
 - Current NAWGJ Position is Not Applicable
- Cost is \$60 and renewed annually (1st year membership is \$30)

4) Practice Judge

- You are required to practice judge two sessions of a mock meet or sanctioned competition at the level you are testing before you can be assigned to an "Official Meet".
- You DO NOT need to pass the exam prior to doing this but you must be a current USAG Pro
 Member and have your Safety Certification, Background Check, and SafeSport courses completed
 to be allowed on the competition floor.

Please contact Dana Himmelman at himmelmandana@gmail.com and she will help you set up your practice sessions. You will need to have the "Practice Judging" form signed by the Meet Referee of the meet(s) you attend. This form can be found on our website www.conawgj.com, go to the Judging Information tab and then scroll down to the Practice Judging Form.

Congratulations you passed! Now What?

You will need to send copies of the following documents to Stacie Beckwith, SJD at Stacie.beckwith@gmail.com before you can be assigned to judge a meet:

- USAG Professional Membership Card, this card will include your USAG Pro Number and the expiration dates of your General Membership, Safety Certification, Background Check, and SafeSport.
- NAWGJ General Information Sheet, this can be found on our website.
- Your Practice Judging Forms

These can all be scanned and sent electronically as a PDF to Stacie.

GymJas

GymJas is our official assigning system: https://gymjas.com. After you have completed all your registrations, certifications and have a rating, you will contact Stacie Beckwith so she can add you to the system. Once she inputs your name and preliminary information, you will receive an invite via email to access the system and create a profile.

There are two areas you need to fill out as soon as possible:

- <u>Update Info</u>: from the main menu, select Update Info. Here you will enter your contact information, add your NAWGJ number, and update your expiration dates.
- <u>Update Availability</u>: this is where you'll enter your availability for judging. Checking a date turns it to Green, which indicates you are available. It is extremely important that you keep your availability up to

date. The assignors rely on this information being correct so they can assign officials to meets. The number of meets you are assigned is based on your availability, rating, location of the meet, and any Meet Director requests.

When is the gymnastics season?

- DP Compulsory Levels 3-5 and Xcel Bronze and Silver Fall seasons typically run from late Aug-Dec. Assigning is done in late July.
- DP Optional Level 6-10 & the Xcel Gold, Platinum, Diamond, and Sapphire seasons typically run from Jan-May. Assigning is done in late October.
- Xcel Bronze and Silver Spring season runs from Apr-June. Assigning is done in early February.
- The meet calendar can be found at www.cousag.com.

Uniform Information

As stated in the USA Gymnastics Women's Program Rules and Policies: "Judges are expected to dress appropriately, regardless of the level of competition, in the required uniform (Navy skirt/pants and jacket, white blouse/shirt with the exception of theme invitationals). Judges may also wear a NAWGJ True Navy dress and NAWGJ True Navy sweater (with the dress, skirt, or pants) available on the NAWGJ uniform site. Leggings are not allowed by USA Gymnastics. Judges are required to wear the navy suit jacket at USAG state meets and above or when requested by the Meet Director."

Judges have one year to purchase the NAWGJ uniform. Until then it is appropriate to wear a white blouse/shirt and navy slacks or skirt. Clothing that is considered inappropriate includes shorts, denim, yoga type pants, sweatpants, leggings, tank tops, and flip flops. Undergarments should not be visible.

Information about ordering a uniform can be found on https://.nawgj.org/uniform.