

**Level 6: 5A, 1B Start Value: 10.0 Time 1:15\***  
**Level 7: 5A, 2B Start Value: 10.0 Time 1:20**  
**Level 8: 4A, 4B Start Value: 10.0 Time 1:30**  
 ~No Composition deductions for Levels 6/7 **Fall Time :45 sec\***  
**\*Fall time begins when the athlete is standing up on her feet.**  
**\*Split Leap/Jump:** Must start and finish on beam, no front leg bend.  
**\*Level 6 short exercise > 0:30 sec.,** CJ deduct 0.50 from avg if 10.0 SV

**Level 6:** Only "A" and "B" elements allowed. **No "C" skills allowed. If performed or attempted=** Deduct 0.50 (from SV), it will not receive VP or SR credit  
**Level 7:** Only "A" and "B" elements plus ONE "C" Dance element allowed. (Award "B" VP and SR credit if applicable)  
**Level 8:** Only "A" and "B" elements, "C" dance elements allowed. Additionally, ONE restricted "C" element allowed. (Award "B" VP credit and SR if applicable)  
 Additional Restricted Skills-attempted or performed = Deduct 0.50 (from SV) + no SR or VP awarded: consider in chronological order  
**Level 6:** Non flight Acro series OR Acro flight element/series **MUST** be from Group 5/6/7, not to include mount or dismount  
**Level 7:** Acro series on Beam (w/ w/o flight) & Flight skill—Flight skill may be isolated or performed in the series—if missing one or both deduct 0.50 for missing SR  
**Level 6/7:** HS w/o tum must be held 2 sec to award VP. **Level 8:** May not use hold element as 1<sup>st</sup> skill in acro series

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_____ VP  _____ SV  _____ Execution/Amplitude	<b>LEVEL 8</b> _____ Acro Series (1 flight) _____ 180° Leap/Jump _____ Full Turn _____ "A" Salto/Aerial Dsmt
_____ Concentration Pause 2 sec <u>0.10</u> ea. More than 2 sec <u>0.20</u> ea. _____ Artistry ↑0.30 _____ Dynamics ↑0.20 _____ Rhythm ↑0.20 _____ Footwork ↑0.20	<b>LEVEL 7</b> _____ Acro Series (w/ w/o flight) <b>&amp; Acro Flight</b> (Iso or Series) _____ 180° Leap/Jump _____ Full Turn _____ "A" Salto/Aerial Dsmt
<b>L8 Composition</b>	<b>LEVEL 6</b> _____ Non flight Acro Series <b>OR Acro Flight</b> (Iso or Series) _____ 180° Leap/Jump _____ Full Turn _____ "A" Salto/Aerial Dsmt
_____ No bkwd & fwd/sdwd Acro <u>0.10</u> if only in dismount <u>0.05</u> >2 wolf/tuck <u>0.1</u> or > 2 straddle <u>0.1</u> >2 pivot turns <u>0.10</u> Lack of Dance Series <u>0.20</u> _____ UTL Acro ↑0.20 _____ UTL Dance ↑0.20 _____ UTL Dismount ↑0.10 _____ Insufficient Level changes ↑0.10 _____ Insuff Use of BB spatially ↑0.10 _____ Choreo fwd, sdwd, bkwd ↑ 0.10	
<b>Score:</b>	

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_____ VP  _____ SV  _____ Execution/Amplitude	<b>LEVEL 8</b> _____ Acro Series (1 flight) _____ 180° Leap/Jump _____ Full Turn _____ "A" Salto/Aerial Dsmt
_____ Concentration Pause 2 sec <u>0.10</u> ea. More than 2 sec <u>0.20</u> ea. _____ Artistry ↑0.30 _____ Dynamics ↑0.20 _____ Rhythm ↑0.20 _____ Footwork ↑0.20	<b>LEVEL 7</b> _____ Acro Series (w/ w/o flight) <b>&amp; Acro Flight</b> (Iso or Series) _____ 180° Leap/Jump _____ Full Turn _____ "A" Salto/Aerial Dsmt
<b>L8 Composition</b>	<b>LEVEL 6</b> _____ Non flight Acro Series <b>OR Acro Flight</b> (Iso or Series) _____ 180° Leap/Jump _____ Full Turn _____ "A" Salto/Aerial Dsmt
_____ No bkwd & fwd/sdwd Acro <u>0.10</u> if only in dismount <u>0.05</u> >2 wolf/tuck <u>0.1</u> or > 2 straddle <u>0.1</u> >2 pivot turns <u>0.10</u> Lack of Dance Series <u>0.20</u> _____ UTL Acro ↑0.20 _____ UTL Dance ↑0.20 _____ UTL Dismount ↑0.10 _____ Insufficient Level changes ↑0.10 _____ Insuff Use of BB spatially ↑0.10 _____ Choreo fwd, sdwd, bkwd ↑ 0.10	
<b>Score:</b>	