

National Association of Women's

Gymnastics Judges

September 2017

Region 3
NAWGJ

CONGRATULATIONS to all our State Governing Boards whose new term began 8/1/17 and will end on July 31, 2019; your willingness to dedicate numerous volunteer hours to providing professional development and promoting gymnastics through NAWGJ is sincerely appreciated.

ARKANSAS: Jana Caldwell (SJD), Sarah Drake, Rachel Pfenenger, Janette Price, Mary Beth Zeagler, & Karma White.

COLORADO: Nichole Otterson SJD; Laurie Balerud, Stacie Beckwith, Dana Himmelman, Chelsey Hume, Eric Pung, & Linda Weekes

KANSAS: Katherine Gatschet, SJD; Suzy Azzaro, Kim Lauderdale-Stepanek, Lydia Messenger, Melissa Munz, Molly Oehlert. Launa Shirley, & Callie Stevens.

NEW MEXICO: Charlotte Kinney, SJD; Mary Lee Martin, Dana Martinez, Kelly Shane

OKLAHOMA: Jeana Ely, SJD; Kathy Boeckman, Sheri Burleson, Liz Flores, Stephanie Gibson, Shannon Harrison, Erin Tebow Johnson, Teresa Rhame, and Alissa Ricketts, Betty Roberts.

TEXAS: Carol Williams, SJD; Denise Coats-Lauriat, Melanie Cryer, Jack Dunlop, Erika Franklin, Kevin Freeman, Tiffany Martz, Jennifer Porter, Jenny Robinson.

WYOMING: Christi Larson, SJD; Amanda Roberts, Brianne Rauzi, & Jamie Mathis

I am so excited as I know your boards will be fulfilling our mission of providing our membership with education, communication, and representation; contracting officials upon request and providing other services to the gymnastic community. Congratulations to all; your hard work and dedication is treasured.

NAWGJ MEMBERSHIPS: All NAWGJ and USAG memberships expired on July 31. Please make sure you have renewed them and are current on your background and safety. Most states require that you send a copy of your membership cards (take a picture of it on the USAGym Website with your phone and email it to them) to someone on the NAWGJ State Board. Print/ send a copy of your NAWGJ receipt for proof of membership. Please do this promptly!



Marilyn Blilie

Regional Judging Director

- Region 3



Attention All Judges

[U110 USOC SafeSport Course](#)

This course is available and it is recommended that you take it now; it will be *required* in the near future by USA Gymnastics.

Course Description

The United States Olympic Committee (USOC), SafeSport Course provides important training about the nature of misconduct in sport and gives you actionable information to better protect athletes. USA Gymnastics University will issue course credit for completion of the course.

This is a FREE course offered by the USOC.

You must register or sign in to the USOC site separately.

You may print your certificate from the USOC site only.

Please note U110 SafeSport certifications are uploaded weekly under the “Certificates” and “Course History” sections on the “My Profile” page at USAGym.org.

For more information on Safe Sport, visit usagym.org/SafeSport.



Judge's Compensation: Know the changes in the 2017/2018 Rules & Policies:

https://usagym.org/PDFs/Women/Rules/Rules%20and%20Policies/2017_2018_w_rulespolicies_0823.pdf

Non-judging Compensation

A. Judges Report Times and Fines

1. Judges **MUST** report to the judges' meeting/hospitality room 30 minutes prior to the scheduled march-in for local and invitational competitions, unless otherwise specified by the Meet Referee. Judges' compensation will begin at the scheduled report time. Any official who does not report within **five (5) minutes** of the scheduled report time will be compensated from the first scheduled march-in time.

2. Reporting time for competitions requiring video analysis may be up to one (1) hour prior to march-in. The Meet Referee will specify the reporting time.

B. Travel

1. The standard IRS rate will be paid for the **entire round-trip mileage** for all drivers, including those who drive to meet a carpool. Judges must submit MapQuest-type documentation in order to be reimbursed for mileage. • Any increase or decrease in the IRS mileage fee will only be recognized and used when the increase or decrease is a full cent. Less than a full cent increase/decrease will not be recognized. IRS mileage rate changes are announced in December of each year and will be posted on the USA Gymnastics website, with the new rate effective in January.



HIGHLIGHTS FROM NATIONAL BOARD SUMMER MEETING IN WI, JULY 10-16:
Please also read the [July 2017 National Governing Board Meeting- 8/10/17 Minutes](#)

- I. This meeting was held in conjunction with the National SJD meeting in Milwaukee, Wisconsin.
- II. Conflict of Interest/Confidentiality Forms. COI/Confidentiality forms were distributed to all. SJDs were reminded to collect these from the State Governing Board members for 2017.
- III. State Membership Benefits. A draft of State Members were available and the SJDs were asked to check the list for accuracy. After the list is finalized, it will be available to SJDs for their reference as needed.
- IV. Document Review: The National Board will streamline the Document Review process for future submissions. Among the anticipated changes are: (1) only the first page of the Financial Reports will need to be included; (2) bank statements and receipts will not need to be included; (3) copies of emails will not need to be included. Evelyn Chandler planned to revise the guidelines during the upcoming year. (OK is scheduled for Document Reviews this year)
- V. Forms Reduction. Several forms will be consolidated and will be converted to online, fillable forms.
- VI. Non-NAWGJ Expenses. The NAWGJ Board re-affirmed its position that NAWGJ funds should be spent on NAWGJ-related activities as a first priority. Specifically, states are asked to support the National Judges Cup by sending judges to the meet, sending a team, or supporting a judge from another state who is able to attend if judges in their own state cannot attend; or sending a contribution. Because the meet is labor intensive, the preference is for states to send judges to the meet. Ideally, volunteer judges will stay for the entire meet so that there is adequate coverage from beginning to the end of the meet. (Realizing the difficulty in getting volunteers who can stay from the beginning to the end of the meet, the National Board was open to (1) splitting a weekend assignment if a state sends more than one person (e.g., Friday-Saturday and Saturday Sunday); or (2) having a judge just come in for Sunday because this is the day that is most difficult to staff. In many locations, the judge will need to stay over Sunday night.) RJD Approval of Non-NAWGJ Expenses over \$100.00. The Operating Code (page 15) states that “after consultation with and approval of the State Governing Board members, [SJD’s] must receive written approval from the Regional Judging Director for non-NAWGJ expenses over \$100.00.” This needs to be implemented. This includes items that are less than \$100 individually but, when bundled together, exceed \$100. The RJD could approve these expenses at the time the budget was submitted to the RJD, if the budget was accompanied by SGB minutes detailing the specific non-NAWGJ expenditures. This process will avoid duplicative approvals. It was specifically noted that RJDs do NOT approve the SGB budget. Therefore, RJDs may approve projected non-NAWGJ expenditures at the time of submission of the budget if accompanied by SGB approval/minutes but they will not be approving the budget. See previous note about the priority for NAWGJ expenses over non-NAWGJ expenses.
- VII. Financial Announcements and Reminders:
 - All states were asked to have an elected position designated as Financial Assistant (vs treasurer - to better reflect the duties of the position.)
The Financial Assistant:
 - May be a separate elected position or may be an at large elected position whom is designated as Financial Assistant in addition to other duties.
 - Should become knowledgeable in all NAWGJ financial policies and procedures, may assist the SJD with financial duties, and serve as the four-eyes reviewer.
 - May prepare the financial report for the SJD but the SJD must sign the report (in this case, the SJD would conduct the four-eyes review).
 - Only the SJD may have access to the NAWGJ checking account and sign checks or utilize bill pay. (This statement will be added to the NAWGJ Operating Code as it was not explicitly stated before).
 - Patty Shipman will accept financial reports electronically via Google Docs or other method. Kim Joye, Georgia SJD, provided an overview of Google Docs to all SJDs at the national meeting and was helpful in getting electronic submissions to become accepted.
 - A Form 1099 needs to be submitted for all individuals paid by the SGB, regardless of the amount paid. Send the form and the amount paid to Patty Shipman. The RJD does not need copies of these forms.
 - The threshold for requiring approval by RJDs for depreciable items was changed from \$200 to \$400. This change will be reflected in the Operating Code.
 - The threshold for submitting inventory forms to Patty Shipman was raised to \$1500. A check box will be included on the Annual Report form to document inventory items below \$1500. It is still necessary to send an inventory form for items between \$400 and \$1,499 to the RJD.

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- If an SJD travels on NAWGJ business by car instead of by air, reimbursement may be claimed in an amount comparable to the sum of the cost of the airfare (lowest fare at the time a reservation would have been made) plus other related costs, e.g., airport parking, baggage fees, mileage to/from the airport, transportation to/from the hotel/site.
- When SJD's use NAWGJ funds to travel and share a hotel room with another NAWGJ member, the accompanying judge should pay half the cost of the hotel room (otherwise this would be a benefit to one judge over all other members—the alternative would be for the state to provide all members with a similar benefit).
- Reminder that the Helping Hands donation goes under "Other" on financial reports.

- VIII. State Governing Board Meetings: The Operating Code was changed to require a minimum of two SGB meetings per year. One of the meetings must be conducted face-to-face (however, individual members may call in, Skype in, or use GoToMeeting to participate in the face-to-face meeting). The second meeting may be face-to-face or by other means (conference call, Skype, GoToMeeting, etc.).
- IX. Assigning For Insurance Purposes: Judges must be assigned by the elected assigner or the SJD. It is preferred that the elected assigner make all assignments. If a person other than the elected assigner or SJD is used to assign, (1) the person must be an elected SGB member and (2) the minutes must state that the SGB has voted to approve this person to assign. The insurance company will not provide coverage for meets not assigned by individuals who are not officially designated with this duty.
- X. Summer 2018 National Meeting. The 2018 National NAWGJ Board meeting will be July 8 – 15, 2018 in Burlington, Vermont at the Essex Culinary Resort. (Nearly all regions voted for Burlington; two were split between Burlington and Niagara Falls).
- XI. Term Limits: The Board discussed the pros and cons of term limits. Six regions were in favor of term limits. One was opposed. One was not present for the discussion. Two regions preferred 3 terms; the other regions preferred 2 terms. The Constitution Committee will prepare two to three proposals regarding term limits for consideration at the January, 2018 National Board meeting.
- XII. Emergency Preparedness. A draft document was distributed to assist Meet Referees and judges in preparing for potential emergencies on the way to or during a meet (accidents, illnesses, or other emergency situations). The document will be finalized and posted on the NAWGJ website. States were asked to discuss the document with their boards and to develop a plan that would educate judges in their state and enhance their preparation for emergency situations. Of particular importance was the need to collect emergency contact information for all judges (the GymJas developer will be asked to add a field to the assigning system for judges to enter emergency contact information—until then, states should identify a method for collecting this information and making it accessible if needed).



LEVEL 4/5 FLOOR EXERCISE (by Tom Koll)

TROUBLE AREAS

JUDGING DEDUCTIONS: “p”, “t”, “f”, go in General Ded. ^0.3; “q” (q is under Artistry ^0.15) Those listed below are not the only deductions –just specific deductions noting the many ‘Trouble Areas’.

Leg Swing

Put a “p” denoting a posture/alignment problems

Straddle Jump, Jump Turn

Incorrect arm pathways

Put a “t” denoting a text error

Insufficient Height

Apply ^0.2 deduction

Insufficient split

Apply ^0.2 deduction

Poor Posture

Apply ^0.2 deduction

Outward 180 turn

Performs an inward turn

Apply ^0.1 changing a small part

Front Handsprings

Fail to land with arms by ears

Apply ^0.1 deduction

Fail to rebound

Apply ^0.1 deduction

Fail to accelerate (L5)

Apply ^0.2 deduction

Echappe’

Poor Posture

Put a “p” denoting a posture error

Incorrect positioning

Put a “t” denoting a text error

Focus errors

Put a “t” denoting a text error

Fish Pose Side Lunge

Fail to contract in side lunge

Apply ^0.1 deductions (clock: 12:00 - 0.1 ded.; 2:00 –no ded.)

Running Steps to Hop (L4)

Poor Posture

Put “p” denoting posture error

Incorrect Footwork

Put “f” denoting a footwork error

Front Salto Tucked (L5)

Poor Height

Apply ^0.3 deduction

Curtsy

Poor Posture

Put “p” denoting a posture error

Turned in feet

Put “f” denoting footwork error

Fail to contract

Apply ^0.1 deduction (Contraction)

Back Roll to Handstand

Bending elbows

Apply ^0.3 deduction

Hand ^shoulder width apart

Apply ^0.1 deduction

Bending legs on pike down

Apply ^0.3 deduction

Double Stag Sit

Fail to arch in circle

Apply ^0.1 deduction (Contraction)

Flexed/sickled feet

Put “f” denoting footwork error

Sissone’

Insufficient split

No Deduction

Insufficient height

No Deduction

Bent legs

Apply ^0.3 deduction

Forward Chasse'

Poor posture	Put "p" denoting posture error
Sickled feet	Put "f" denoting footwork error

360 Passe'

Poor Posture	Apply ^0.2 deduction
Fail to mark end of turn	Apply 0.05 deduction
Open arms sharply to diagonal	Put a "q" denoting quality of movement error

Back Walkover (L4)

Leg lift not continuous	Apply ^0.1 deduction
Poor levering action	Apply ^0.1 deduction

Cross Step

Poor Posture	Put "p" denoting posture error
Sickled feet/leading With the heel	Put "f" denoting footwork error

Sequential Wave

Fail to contract & extend	Apply ^0.1 deduction (C)
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Round off, FF,FF (L4)

5 running steps	No deduction – now allowed
Bent legs	Apply ^0.3 deduction
Fail to accelerate	Apply ^0.2 deduction

Round-off, FF, Back Salto (L5)

5 running steps	No deduction – now allowed
Fail to accelerate	Apply ^0.2 deduction
Insufficient height of salto	Apply ^0.3 deduction

Sequential Fall

Uncoordinated/heavy fall	Put "q" denoting quality of movement
Awkward ending/sitting pos. Performs an element during Final pose sequence	Put a p" denoting a posture error No deduction (clarified 2014)



Bent legs everywhere, ME or not - ^0.3 each.

Incorrect arm pathway - Put "t" denoting text error

To lever In & Out of acro – Stretch into skill & place hands out farther to be able to keep lever.

Lever – if raise then drop and raise again – breaks the lever

Artistry: Expression: Perform with facial expression (look of concentration-disconnect from routine).

Handstands: If gymnast gets one leg to handstand but other only to 45 degrees – deduct 0.3 (for not being vertical- angle is from lowest leg). It's an ^0.3 deduction.

Back Extension Roll: if get up to handstand and & fall out – deduct ^0.3 (Half element) if not repeated.

If gymnast forgets a skill & Deliberate Omission (Double value of ME) deduction has been applied, if they perform the skill later in the routine, do not take 0.3 Additional Element deduction (Tom commented we don't want to send them to soccer.)

Optional FX: If gymnast backs into the corner, take under "Artistry: Originality/Creativity of Choreography in elements/connections – 0.05-0.1.

Please utilize the NAWGJ website to find the Educational Committee's work. See below for helpful links

Considerations for Emergency Situations Involving Judges at Gymnastics Meets

http://www.nawgj.org/Emergency%20Situations7_27_17%20Logo.pdf

Compulsory Study Aids

http://www.nawgj.org/education_corner_study_aids.php

Study Tips and Preparing for the Test

http://www.nawgj.org/education_corner_articles.php