

BARS Composition Deductions		BEAM Composition Deductions		FLOOR Composition Deductions	
Insufficient Distribution of Elements	→0.1	More than 1 Element before Mount	0.2	More than 2 Wolf / Tuck Shapes	0.1
Insufficient Change of Direction	→0.1	More than 2 Straight Leg (Pivot 1/2t.) Turns	0.1	More than 2 Straddle Jump Shapes	0.1
Uncharacteristic Elements	each 0.1	More than 2 Wolf / Tuck or 2 Straddles	each 0.1	More than 1 Leap / Jump to Front Support	each 0.1
More than 1 Squat-on LB w/wo sole circle (L10)	each 0.1	More than 1 Leap / Jump to Front Support	each 0.1		
3/4 Forward Giant w / wo grip change	each 0.1	Acro - Not up to Competitive Level	→0.2	Insufficient Distribution of Value Parts	→0.1
Choice of Elements:		Lack of Dance Series (min. 2; Gr. 1,2, 3)	0.2	Insufficient Use of Space (Floor Pattern)	→0.1
* Forward & Back Circle or Release	0.05	Insufficient Spacial Use & Level Changes	ea ch →0.1	Insufficient Use of Direction (F/S/B)	→0.1
* Variety of Elements & Connections	→0.1	Fail to Show Different Directions (F/S/B)	→0.1	Lack Forw / Side or Back Saltos / Aerials	0.1
* Balance Between Piro. & Flights	→0.1	Acro High Points - Element Variations	→0.1	Acro - Not up to Competitive Level	→0.2
Choice of Releases - Not up to the Level (L10)	→0.2	Lack of Acro Forward/Sideward & Back	each 0.1	Balance Between Acro / Dance VP	→0.2
Lack of 2 Bar Changes (L10)	0.2	If only in Dismount	0.05	Lack of "B" Turn on One Foot	0.2
More than 1 Element before the Mount	0.2	Balance Between Acro & Dance VP	→0.2	Lack of B Salto (Lv9)	0.3
		Insufficient Distribution	→0.1	Lack of C Salto (Lv10)	0.3
BARS Execution Deductions		BEAM Execution Deductions		FLOOR Execution Deductions	
3rd Run to approach mount (each judge)	0.5	Insufficient Dynamics (thruout)	→ 0.2	Insufficient Dynamics (thruout)	→0.2
Swing Forward / Backward Under Horizontal	→ 0.1	Insufficient Variation - Rhythm/Tempo (thruout)	→ 0.2	Insufficient Variation - Rhythm/Tempo (thruout)	→0.2
Under-Rotation of Release Elements	→ 0.1	Relaxed / Incorr Footwork (thruout)	→0.2	Relaxed / Incorrect Footwork Non-VP (thruout)	→0.2
Precision of Handstand Positions (thruout)	→ 0.1	Relax / Incorr Leg / Post, Insuff Flex (thruout)	→0.3	Relax. / Incorr. Leg / Post., Insuff. Flex. (thruout)	→0.3
Insufficient Extension of Glide/Swing to Kip	→ 0.1	Artistry: Original Choreography (thruout)	→0.1	Artistry: Original Choreography (thruout)	→0.1
Poor Rhythm in Elements	→ 0.1	Artistry: Reflects Personal Style (thruout)	→0.1	Artistry: Reflects Personal Style (thruout)	→0.1
Hesitation in Jump, Swing to Handstand	→ 0.1	Artistry: Quality of Expression (thruout)	→0.1	Artistry: Quality of Expression (thruout)	→0.1
Landing Too Close to Bars Dismount	0.1	Turn VP not on High Releve	ea → 0.1	Turn VP not on High Releve	ea →0.1
Angle of Flight to LB Handstand (11° - 20°)	0.05	Feet Apart on Side Landing of Leap/Jump	ea → 0.1	Feet apart on landing of leap/jump/hops	ea →0.1
Angle of Circle to Handstand	→ 0.2	Lack of Precision in Dance Elements	ea → 0.1	Lack of Precision in Dance Elements	ea →0.1
Angle of Cast to Handstand	→ 0.3	Incorrect Posture / Alignment in Dance Elem	ea → 0.1	Incorrect Posture / Alignment in Dance Elem	ea →0.1
Angle of Turn Deviation (Healy + 1-1/2t.)	→ 0.3	Legs Not Parallel to FX - Split or Straddle Pike	ea →0.2	Legs Not Parallel to FX - Split or Straddle Pike	ea →0.2
Angle of Turn Deviation (1/2 t. - 1/1 t. IN)	→ 0.3	Insufficient Split - Required (Dance / Acro)	ea → 0.2	Insufficient Split on Elements	ea →0.2
Insufficient Dynamics (thruout)	→ 0.2	Insufficient Ext. (Open) prior to Landing Acro	ea → 0.3	Insufficient Ext (Open) prior to Landings	ea →0.3
Trunk Movements to Control Landing	→ 0.2	Trunk Movement - Control Dismount Landing	→ 0.2	Trunk Movements to Control Acro Landings	ea →0.2
Insufficient Amplitude of Elements (each)	→ 0.2	Trunk Movement - Balance on Beam	ea →0.3		
Insufficient Stretch (Arch or Pike)	→ 0.2	Insuff. Height of Leaps - Jumps - Hops	ea →0.2	Insuff. Height of Leaps, Jumps, Hops & Acro Flt.	ea →0.2
Insufficient Ext. (Open) prior to Landing	→ 0.3	Insuff. Height of Acro Flights-Aerials-Saltos	ea →0.2	Insuff. Height of Acrobatic Saltos	ea →0.3
Insufficient Height of Salto Dismounts	→ 0.3	Insuff. Height of Dismounts	→0.3		
Insufficient Amplitude "B" Clear Hip Circles	→ 0.4	Concentration Pause (more than 2 sec.)	each 0.1	Concentration Pause (2 sec. +) into Acro	each 0.1
Grasp Apparatus to Avoid a Fall	0.3	Rhythm during Acro Connections	ea → 0.2	Incorrect Rhythm during Direct Connections	ea →0.1
Intermediate (Extra) Swing (max. 0.6)	0.3	Rhythm during Dance / Mixed Connections	ea → 0.2	Music & Movement Poor Relationship (thruout)	→0.2
Touch / Brush Foot on Apparatus or Mat	→ 0.1	Hesitation in Jump, Swing, Press Handstand	ea → 0.1	Music & Movement Non-Synchronization (thruout)	→0.3
Hit Foot on Apparatus	0.2	Insuff. Sureness of Performance (thruout)	→0.2	Music & Movement Not in Harmony	each .05
Hit Foot on Mat	0.3	Landing Too Close to Beam on Dismount	0.1	Music & Movement Not Ended with Music	0.1
Full Support on foot/feet on mat in routine	0.5	Touch / Brush Foot on Apparatus or Mat	ea →0.1	Coach on the Floor	(CJ) 0.5
		Support of 1 leg against side of Beam	each 0.2	Music with Words or Absence of Music	(CJ) 1.0
		Grasp Beam to Avoid a Fall	each 0.3	Exercise Less Than 30 Seconds	(CJ) 2.0